



## Facilitator Guide to Spiritual Conversation

- Summarize the process for the group.
- Assign a time keeper.

### 1. First Round of Conversation

- Each member, one after the other, shares consolations and/or desolations from his prayer.
- 2 minutes for sharing.
- A person may pass. Then come back to them.
- No discussion or comments.

### 2. Second Round of Conversation

- How was I affected by what I heard in the first round?
  - What did I hear in the first round?
  - Did I experience harmony or dissonance with others as they shared?
  - How am I feeling now?
- Short intervention (less than 1 minute).
- Speak only once.
- No discussion or comments.

### 3. Third Round of Conversation

- Name the spiritual movements you have recognized from the second round conversation.
- Conversation and thanksgiving together.
- Each person can make a short prayer if moved.

**Facilitator:** makes a brief summary at the end. Did one or two key ideas emerge? Were there one or two points that emerged again and again?

### Modification and application

This can be modified in any meeting, any issue. The key elements

- Presentation of the issue
- Take 3 mins silence
- Go around the group once in a formal way
- A second round
- A third round where open discussion happens and the strong movements of spirit noted