



## Moderation of reflection groups

The main objective of the designated moderator is that everyone in the group has the opportunity to share while respecting the times and following the format of the spiritual conversations described below.

### Guidelines for group reflection

1. Starting with the moderator. Each member, one after the other, **introduces himself/herself, indicating name, country, school, etc.** The moderator can call on participants one by one if desired, this can help speed up the process (1 minute maximum each).
2. The moderator briefly recalls **the rules of spiritual conversations:**
  - Listen to others without judgment and pay attention not only to words, but also to the tone and feelings. Focus the attention on listening and not on thinking about what is going to be said.
  - Express what you feel and think as clearly as possible, attentive to your own thoughts and feelings as you speak.

3. The moderator **initiates the sharing rounds:**

#### Round 1 (2 minutes each)

The moderator reads **the question of the session** below and asks them for a **moment of silence and reflection** to help them sort out their thoughts.

- **SESSION 1: How can you contribute in your classroom to create this sense of “all of us are children of God” and “We are one family”?**
- **SESSION 2: What are my core sins as an educator? How are they (core sins) affecting me in my relationship with God and my students? What is the Lord telling me at this moment about my core sins?**
- **SESSION 3: How could we promote the attitude of forgiveness in our families and schools?**
- **SESSION 4: Share any one experience from your teaching career when you have been light and salt of the earth.**

The moderator invites the members, one by one, to **share their answers to the question above**. No one should speak a second time until everyone has had a chance to speak.

#### Round 2 (2 minutes each)

After listening to what others have said in the first round, the moderator invites the members, one at a time, to **share what struck them** or resonated with **them** from what they heard in the first round.

#### Round 3 (5 minutes total - optional)

Here the moderator asks the group members to share, **if they wish, anything else they wish to share** regarding the topic.